

# Mr Simon H Palmer

*Consultant Trauma and Orthopaedic Surgeon*

Goring Hall Hospital, Bodiam Avenue  
Goring-by-Sea, West Sussex  
BN12 5AT

07555 300618 (PA Carole King)

orthohelpdesk00@gmail.com

www.orthopaedic-surgeon.org.uk

GMC No: 3485350

## Medico-Legal Profile

- Experience** Over 20 years of experience in medico-legal reporting and expert witness testimony.
- Specialism** Specialist interest in lower limb trauma (foot, ankle, and knee) and sports-related orthopedic injuries.
- Societies** Member of the Oxford Medico-Legal Society.
- Training** Completed "Report Writing and Expert Evidence Course," London. Regularly updated on CPR Part 35 requirements.

## Present Appointment

- 2002–Present **Consultant Orthopaedic and Trauma Surgeon, University Hospitals Sussex NHS Foundation Trust (formerly Western Sussex NHS Trust)**  
Lead clinician involved in high-volume lower limb trauma care and sports injury management.

## Professional Qualifications

- FRCS (Tr & Orth) Fellow of the Royal College of Surgeons in Trauma and Orthopaedics
- FRCS (Eng) Fellow of the Royal College of Surgeons of England (General Surgery)
- MSc Sports Medicine, University of Bath
- MB BS Bachelor of Medicine, Bachelor of Surgery, Imperial College London
- Faculty Member Faculty of Sports and Exercise Medicine, Royal College of Surgeons
- ATLS Advanced Trauma Life Support Provider

## Academic Appointments

- Current **Senior Clinical Lecturer, Brighton and Sussex Medical School**  
Involved in the clinical education of medical students and surgical trainees.

## Clinical Training & Experience

- 1990 **Undergraduate Training, Imperial College London**
- 1990–1994 **Registrar, Cardiff**  
Trauma and Neurosurgical Registrar training.
- 1994–1996 **Research Fellow, Bath**  
Two-year research fellowship in Trauma and Orthopaedics.

- 1996–2002 **Specialist Training Scheme, Oxford**  
Including two years at the Level 1 Trauma Service, John Radcliffe Hospital.
- 2001–2002 **Orthopaedic & Sports Medicine Fellow, Sydney, Australia**  
Specialist international fellowship focused on sports medicine and lower limb surgery.
- 2002 **Consultant, Nuffield Orthopaedic Centre, Oxford**

## Research & Publications

- Interests Active research interest in lower limb trauma outcomes and sports medicine.
- Online Portfolio [https://www.researchgate.net/profile/Simon\\_Palmer3/publications](https://www.researchgate.net/profile/Simon_Palmer3/publications)
- Summary Regular contributor to international presentations and peer-reviewed journals focusing on trauma and sports-related orthopaedics.

## Expertise Summary

- Lower Limb Orthopaedic Trauma
- Sports Injury Management and Prevention
- Foot and Ankle Trauma
- Knee Ligament and Meniscal Injuries
- Soft Tissue Sports Injuries